\*THIS IS YOUR INFORMATION PAGE- DO NOT MAIL IT IN WITH YOUR ENTRY FORM \*



# Samsquanch Classic

**MDs: David Bennett and Tavis Harris** 

Saturday, 3 February 2018 Evolve Strength North 13457 149 St NW, Edmonton, AB T5L 2T3

\*REGISTRATION DUE (RECEIVED) BY 12 Jan 2018 STRICT CAP OF 90 LIFTERS, WE EXPECT TO FILL UP QUICK! ALL lifters of ALL ability and experience levels from ALL federations welcome

<u>\*REFUNDS WILL ONLY BE CONSIDERED ON A CASE-BY-CASE BASIS WHERE</u> EXTENUATING CIRCUMSTANCES EXIST\*

**24 hr prior to competition WEIGH IN**:
 → FRIDAY, FEB 2<sup>nd</sup> FROM 9AM-NOON and 4PM-6PM @ THE VENUE

SNAIL MAIL COMPLETED ENTRY FORM WITH CHEQUE OR MONEY ORDER TO:

DAVID BENNETT 8504 148 AVENUE EDMONTON, ALBERTA T5E2L1 → THIS FORM MUST BE COMPLETED IN ITS ENTIRETY BY HAND, IN <u>BLUE INK</u> OR IT WILL BE RETURNED TO YOU AND MAY RESULT IN A LATE ENTRY FEE ASSESSMENT of \$50. WE ARE ONLY ACCEPTING <u>ORIGINAL HARD COPIES BY SNAIL MAIL (POST)</u>

MEET ENTRY FEE: \$100 First event, \$50 for each additional event entered This event is NOT a qualifying event for the WPC Worlds, and only \*PRO\* NATIONAL records can be set or broken at this meet.

**Events: (please CHECK all that apply)** 

- 3 Lift (squat, bench press, and deadlift)
- Bench Press only
- \_\_\_\_\_ Deadlift Only
- Push/Pull (Bench press and Deadlift)

My age category based on my actual age on the day I compete (CHECK:)

- \_\_\_\_\_ Sub-junior (14-18 inclusive)
- \_\_\_\_\_ Junior (19-23 inclusive)
- Open (mandatory for ages 24-39 inclusive, however anyone may enter this category if they wish)

category if they wish)

Masters (40+) (\*If masters please note your age on the day you lift)

### LIFTING STYLE (PLEASE CHECK:)

 EQUIPPED

 ASSISTED RAW (knee sleeves OR knee wraps allowed for squats)

### WEIGHT CLASS I WISH TO ENTER: (Circle)

FEMALES: 48KG 75KG	52KG 82,5KG	56KG 90KG+	60KG	67,5KG	
MALES:					
56KG	60KG	67,5KG	75KG	82,5KG	
90KG	100KG	110KG	125KG	140KG	140+KG/SHW
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NAME: \_\_\_\_\_

FULL ADDRESS INCLUDING POSTAL CODE:

TELEPHONE:\_\_\_\_\_

EMAIL:

AGE ON DAY OF COMPETITION: \_\_\_\_\_

EXPERIENCE LEVEL: (YEARS): \_\_\_\_\_

NAME OF COACH (IF ANY): \_\_\_\_\_

## THERE WILL BE A MANDATORY RULES BRIEFING AT ~8AM ON THE PLATFORM, AND LIFTING SHALL COMMENCE AT 9AM <u>SHARP</u>.

#### WAIVER FORM

In consideration of accepting this entry, I hereby for myself, heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against: the CPF, WPC, Independent Powerlifting, Independent Powerlifting – Edmonton, the meet/contest site sponsor and its employees, all organizers, volunteers, seminar instructors and sponsors of this contest, from any and all actions, causes of actions, claims and demands which may arise in consequence of my participation in this contest.

I realize that Powerlifting is a high-risk sport and that I could be injured or even killed.

I certify that I am in good physical health and that I have no serious health problems and that I assume full responsibility for such conditions. I accept that I am fully responsible for my wellbeing and safety in the warm up room, on the lifting platform and while I am competing at this event. I am also aware that I am responsible for the actions of any coach and entourage that attend this contest in my support. I also certify by my signature that I have read this waiver and fully understand and accept its terms. I do hereby verify my acceptance of these terms by my signature below. I also fully understand that my non-adherence to the rules, accidental or by choice, may eliminate me from the competition and I will not be issued a refund.

Furthermore, I certify with my signature below that I have read the WPC rulebook in its entirety and I will seek to clarify any questions that I may have prior to the day of the competition and at the rules briefing prior to the lifting commencing.

SIGNATURE: \_\_\_\_\_

PARENT OR GUARDIAN (if under 18):

\_\_\_\_\_ DATE:\_\_\_\_\_

### PAYMENT FORM \*PERSONAL CHEQUE OR MONEY ORDER ONLY\*

ENTRY FEES ONE EVENT \$100, ADDITIC	ONAL \$50 EA=
NUMBER OF TSHIRTS DESIRED:	x \$25=
( indicate units x size here: )	
TOTAL FUNDS ENCLOSED:	