

# 08-Jun-13 2013 CPF Pro Powerlifting Championship-Kg Results

Name	Age	Div	BWt (kg)	WMCs (kg)	cosmonium	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	PL Score	Age & Class	Pi code	Pi-ov-wc1	Tm Pts	
Grace Robs	19	F-R-T3	74.1	75	0.8429	125	130	137.5		137.5	62.5	-72.5	-75		62.5	200	137.5	142.5	150		150	350	295.015	306.8156	2	1-F-R-T3	7	
Cimmonon Kirk	36	F-R-SM	103.9	110	0.7054	170	-137.5	137.5		137.5	57.5	60	65		60	202.5	170	125	132.5		132.5	335	236.309	0	2	1-F-R-SM	7	
Stacey Jehen	22	F-R-O	64.2	67.5	0.93575	125	182.5	-190		182.5	105	110	-115		110	292.5	170	-182.5	-182.5		170	462.5	432.7843	497.1122	2	1-F-E-JR	7	
Deb Blistricky	31	F-R-O			0					0					0						0	0	0	0	2	1-F-E-JR	0	
Josh Beal	16	M-R-T2	80.2	82.5	0.6567	95	-100	110		110	75	-82.5	-82.5		75	185	127.5	137.5	145		145	330	216.711	244.0834	2	1-M-R-T2	7	
Kristen Best	18	M-R-T3	65	67.5	0.7733	135	142.5	151		151	-103.5	103.5	110		110	261	197.5	-211	211		211	472	364.9976	386.8974	2	1-M-R-T3	7	
John Marsh	19	M-R-T3	57	60	0.87643	125	130	-135		130	60	-65	-65		60	190	160	165	170		170	360	315.522	328.1428	2	2-M-R-T3	5	
Nick Chapman	19	M-R-T3	80.5	82.5	0.65505	135	-142.5	-142.5		135	100	-107.5	-107.5		100	235	-192.5	-207.5	207.5		207.5	442.5	289.8596	301.4540	2	3-M-R-T3	3	
Jason Argue	32	M-R-O	103.4	110	0.5738	240	262.5	-277.5		262.5	160	172.5	-177.5		172.5	435	275	-300	-300		300	710	407.398	0	2	1-M-R-O	7	
Astair Medvicoll	26	M-R-O	103.3	110	0.574	240	262.5	-277.5		262.5	155	160	-165		160	417.5	275	290	-290		290	707.5	406.105	0	2	2-M-R-O	5	
Jordan Moffitt	25	M-R-O	89.6	90	0.61335	220	-230	-230		220	-160	160	-170		160	380	275	275	290		290	725	401.742	0	2	3-M-R-O	3	
David Bennett	30	M-R-O	125.2	140	0.54525	220	232.5	242.5		242.5	145	155	165		165	407.5	230	260	267.5		267.5	675	368.0437	0	2	4-M-R-O	3	
Calix Cox	28	M-R-O	101.7	110	0.5774	200	220	227.5		227.5	135	-145	-145		135	362.5	230	247.5	-255		247.5	610	352.214	0	2	5-M-R-O	1	
Aaron Runnals	32	M-R-O	159.8	SHW	0.51595	210	-220	-220		210	180	195	200		200	410	210	230	235		235	645	332.7877	0	2	6-M-R-O	1	
Joe Natalizio	28	M-R-O	99.2	100	0.5883	142.5	155	172.5		172.5	-125	125	-137.5		125	297.5	217.5	232.5	-240		240	530	309.149	0	2	7-M-R-O	1	
Ian Cormier	28	M-R-O	96.5	100	0.5905	177.5	177.5	195		195	110	117.5	-122.5		117.5	312.5	195	210	-217.5		210	527.5	308.582	0	2	8-M-R-O	1	
Dan Start-Laforge	31	M-R-O	97.1	100	0.58885	145	150	-165		150	85	92.5	100		100	250	217.5	210	230		230	467.5	275.2873	0	2	9-M-R-O	1	
Dallas Hogan	36	M-R-SM	127.5	140	0.5428	-277.5	293.5	-305		292.5	-197.5	205	212.5		212.5	505	330	345	352.5		352.5	657.5	375.2873	0	2	1-M-R-O	7	
Lawson Stratford	35	M-R-SM	74.4	75	0.69265	-175	175	182.5		182.5	100	-107.5	-107.5		110	292.5	227.5	240	247.5		247.5	540	374.031	0	2	1-M-R-SM	5	
Nathan Robertson	36	M-E-SM	123.3	125	0.54745	-375	405	-412.5		405	252.5	-265	-265		252.5	657.5	245	262.5	-272.5		272.5	920	503.654	0	2	2-M-R-SM	5	
Kevin Sedore	46	M-R-M2	123.5	125	0.5472	205	222.5	232.5		232.5	147.5	155	-165		155	387.5	227.5	265	280		280	667.5	365.256	390.0934	2	1-M-R-M2	7	
Jeff Zambello	48	M-R-M2	97	100	0.5891	-160	-160	160		160	115	120	-122.5		120	280	170	175	185		185	465	273.9315	300.5028	2	2-M-R-M2	5	
Michael Krause	45	M-R-M2	86.5	90	0.62595	90	90	90		167.5	172.5	177.5	-182.5		177.5	267.5	90	175	185		185	397.5	223.7771	236.0848	2	3-M-R-M2	5	
Ken Whednam	48	M-E-M2	122.7	125	0.5481	320	-335	335		335	200	-220	-220		210	545	265	280	285		285	830	454.973	499.0505	2	1-M-E-M2	7	
Ron Dykstra	41	M-R-M1	88	90	0.6197	145	-155	155		155	100	-110	-110		100	255	155	-170	170		170	425	263.3725	266.0062	2	1-M-R-M1	7	
Derek Remes	43	M-R-M1	97.7	100	0.58715	120	140	140		87.5	97.5	-102.5	-102.5		97.5	237.5	132.5	142.5	152.5		152.5	390	152.5	390	152.5	2	1-M-R-M1	5
Shane Church	29	M-E-O	118.5	125	0.55245	395	430	430		490	265	-275	-275		265	695	285	-342.5	-342.5		285	885	541.401	0	2	1-M-E-O	7	
Matt Grass	25	M-E-O	93.2	100	0.60065	300	320	-320		320	200	-210	-210		200	520	250	265	-265		265	250	462.5005	0	2	2-M-E-O	5	
Tavis Harris	32	M-E-O	103.7	110	0.57315	300	-320	320		320	215	-227.5	-227.5		215	535	230	250	-235		235	250	770	462.5005	0	2	3-M-E-O	3
Gary Bobrovitz	61	M-E-M5	59.3	60	0.84245	167.5	-185	185		185	195	-195	-205		195	515	252.5	252.5	252.5		252.5	767.5	414.8337	0	2	4-M-E-O	2	
Kyle Weber	23	M-R-JR	112.4	125	0.55925	305	-317.5	-317.5		305	215	-225	-232.5		225	345	345	365	385		385	885	511.7137	0	2	1-M-E-M5	7	
Robert Weande	22	M-R-JR	80	82.5	0.6578	190	205	-212.5		205	110	120	-125		120	325	220	240	250		250	475	378.235	382.0173	2	2-M-R-JR	5	
Wai Seah	20	M-R-JR	77.6	82.5	0.6718	185	195	-205		195	105	-125	-125		105	300	225	257.5	-272.5		272.5	557.5	374.5385	385.7643	2	3-M-R-JR	3	
Andrew O'Keefe	21	M-R-JR	88.6	90	0.6173	172.5	182.5	192.5		192.5	138	-142.5	-142.5		138	335	207.5	217.5	232.5		232.5	577.5	350.3177	357.3241	2	4-M-R-JR	2	
Josh Curran	23	M-R-JR	100	100	0.5813	172.5	185	192.5		192.5	127.5	-137.5	-142.5		127.5	330	245	265	-282.5		282.5	595	345.8735	0	2	5-M-R-JR	1	
Brody Arndt	22	M-R-JR	80.3	82.5	0.65615	165	-182.5	-182.5		165	117.5	125	-142.5		125	290	200	210	227.5		227.5	517.5	339.5576	342.9532	2	6-M-R-JR	1	
Jack O'Rourke	21	M-E-JR	88.3	90	0.61845	137.5	147.5	155		155	110	117.5	125		125	280	167.5	185	195		195	475	293.7637	299.6390	2	7-M-R-JR	1	
Chris Armes	23	M-E-JR	136.1	140	0.53445	377.5	385	-395		385	272.5	285	-295		285	670	275	-287.5	290		290	960	513.072	0	2	1-M-E-JR	7	