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CPF RISE OF THE VALKYRIES

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Bench 4	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	PL Total	Coeff Score	Age & Coeff	Place code	PI-Div-WtCl	Team Pts	Team	Events
Heather Nichols	21	F-JrE	67.8	75	0.8964	47.5	55	62.5	67.5	45	47.5	-50		102.5	110	115		225.0	201.68		1.00	1-F-JrE-75	7.00	APC	PL
Dawn Van Den Heuvel	40	F-M1R	124.9	SHW	0.6718	122.5	130	137.5		75	80	85		110	120	127.5		350.0	235.13	235.13	1.00	1-F-M1R-SHW	7.00		PL
Jen Arnold (A)	40	F-M1E	114.4	SHW	0.6852	107.5	117.5	127.5		-55	60	-65		115	125	137.5		325.0	222.67	222.67	1.00	1-F-M1E-SHW	7.00		PL
Megan White (A)	28	F-OpR	98.7	SHW	0.7193	92.5	100	107.5		47.5	52.5	-55		122	132.5	140		300.0	215.79		1.00	1-F-OpR-SHW	7.00		PL
Birgit Ellsner	38	F-SmR	138.5	SHW	0.6559	62.5	70	82.5		-37.5	47.5	-52.5		132.5	142.5	157.5		287.5	188.57		1.00	1-F-SmR-SHW	7.00		PL
Crystal Lahaie	39	F-SmR	98.3	SHW	0.7204	145	152.5			-80	-80	-80									1.00				PL
Erin Williams	27	F-OpR	88.3	90	0.7555	-82.5	-82.5	82.5		-60	-60	-60									1.00				PL
Terra Carter	13	F-T1E	60.3	67.5	0.9837									67.5	72.5	77.5	85				1.00			APC YOUNG GUNZ	DL
Jocelyn Lahaie	13	F-T1R	76.8	82.5	0.8232	70	75	-80		45	-47.5	-47.5		75	77.5	-80		197.5	162.57		1.00	1-F-T1R-82.5	7.00		PL
Sarah Hicks	26	F-OpR	49	52	1.1604	70	75.5	80		37.5	40	45	48	82.5	90.5	95	-400	220.0	255.29		1.00	1-F-OpR-52	7.00		PL
Isabelle Lanteinge	13	F-T1E	73.3	75	0.8491									82.5	87.5	92.5	97.5				1.00			APC YOUNG GUNZ	DL
Lisa Weaver	26	F-OpR	66.5	67.5	0.9102	102.5	-115	115		57.5	62.5	-67.5		110	120	125		302.5	275.34		1.00	1-F-OpR-67.5	7.00		PL
Kate Corrigan	23	F-JrR	74.2	75	0.8422	120	137.5	-147.5		70	80	85		120	142.5	147.5		370.0	311.60		1.00	1-F-JrR-75	7.00		PL
Jessica Bzowey	20	F-JrR	58.4	60	1.0093	97.5	100	-105		-57.5	57.5	-60		120	125	132.5		290.0	292.70		1.00	1-F-JrR-60	7.00		PL
Allyson Smith	33	F-SmR	62.5	67.5	0.9559	95	100	-105		60	65	67.5		127.5	140	-145		307.5	293.94		1.00	1-F-SmR-67.5	7.00		PL
Krista Herrington (A)	24	F-OpR	65.5	67.5	0.9211	62.5	72.5	82.5		40	45	-50		77.5	97.5	102.5		230.0	211.85		1.00	2-F-OpR-67.5	5.00		PL
Patti Sheehy (A)	59	F-M4R	77	82.5	0.8217	67.5	-72.5	72.5		37.5	40	-45		85	90	95		207.5	170.50	224.21	1.00	1-F-M4R-82.5	7.00		PL
Gillian Mainguy	36	F-SmR	73.3	75	0.8491									85	90	95					1.00				DL
Tiffany Hersey	29	F-OpR	87.3	90	0.7604	100	105	-112.5		47.5	-52.5	52.5		90	100	107.5		265.0	201.51		1.00	1-F-OpR-90	7.00		PL
Stacey Cusan	23	F-JrR	83	90	0.7837	-90	95	105		60	67.5	70		97.5	110	115		290.0	227.26		1.00	1-F-JrR-90	7.00		PL
Kim Thomas-Knight	35	F-SmR	87.2	90	0.7610	85	-90	-90		37.5	42.5	-47.5		97.5	105	115		242.5	184.54		1.00	1-F-SmR-82.5	7.00		PL
Sam Belliveau	22	F-JrR	80.1	82.5	0.8012	100	-110	-110		-67.5	-67.5	67.5		122.5	132.5	-147.5		300.0	240.35		1.00	1-F-JrR-82.5	7.00	SCULPT	PL
Katherine Welch (A)	27	F-OpR	55	56	1.0591	102.5	115	-122.5		62.5	65	-70		130	145	155		335.0	354.80		1.00	1-F-OpR-56	7.00		PL

Chief Referee

Side Referee

Side Referee
