

06-Oct-12

## Autumn Armageddon Powerlifting Championship

Name	Age	Div	BMt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Bench 4	Deadlif t1	Deadlif t2	Deadlif t3	Deadlif t4	PL Total	Coeff Score	Age & Coeff	Place code	Pl-Div-WICI	Team Pts	Team	Events	
Tyler Sangster	18	M-T3R	100.2	110	0.5809	125	140	152.5	-157.5	125	132.5	-137.5		185	195	-205		480.0	278.81	295.54	3.00	4-M-T3R	2.00	APC	PL	
Marson Coleman	18	M-T3R	100.1	110	0.5811	155	165	172.5	182.5	120	130	-137.5		185	195	205		507.5	294.88	312.58	3.00	3-M-T3R	3.00	APC	PL	
Matt Watson	31	M-OpR	108.5	110	0.5847	165	167.5	-175		125	137.5	147.5		182.5	192.5	210		525.0	296.47	296.47	3.00	4-M-OpR	2.00	APC	PL	
Jeff Zambello	47	M-M2R	100.2	110	0.5809	150	160	175		110	120	122.5		180	175	185		482.5	280.26	303.24	3.00	1-M-M2R	7.00	StJohn	PL	
Aaron McDonald	20	M-JrR	104.8	110	0.5711	182.5	192.5	205		137.5	142.5	-147.5		227.5	242.5	250		597.5	341.20	351.44	3.00	3-M-JrR	3.00	Antigonish	PL	
Jean-Philippe LeBlanc	24	M-OpR	104.8	110	0.5711	247.5	260	272.5		167.5	-182.5	-182.5		272.5	295	-310		735.0	419.72	419.72	3.00	2-M-OpR	5.00	Fred	PL	
Ross Saldan	59	M-M4Eq	108.1	110	0.5863	272.5	285	302.5		100	-227.5	-227.5		200	227.5	-242.5		630.0	356.14	468.32	3.00	1-M-M4Eq	7.00	Mt BB	PL	
Pete Vickery	38	M-SmF	103.4	110	0.5738					140	147.5	-155										3.00			HRM	BP
Paul Fury	36	M-SmF	131.6	140	0.5388					227.5	235	-240										3.00			Amherst	BP
Chris Murray	34	M-SmE	105.1	110	0.5705					235	252.5	-260										3.00			Moncton	BP
Scott MacDiarmid	44	M-M1E	107.4	110	0.5865					290	272.5	-285										3.00			Cornwall	BP
Mikey Zambello	13	M-T1R	62	67.5	0.8073									35	40	45						3.00			StJohn	DL
Chelsea Cluett	18	F-T3R	46.3	48	1.2116	37.5	42.5	50	57.5	30	35	40	-45	52.5	65	75	-80	165.0	199.91	211.91	3.00	1-F-T3R	7.00	APC	PL	
Nicolas Maillet	28	M-OpR	74.7	75	0.6906	97.5	105	110		65	67.5	72.5		72.5	115	120		302.5	208.91	208.91	3.00	6-M-OpR			Dieppe	SO
Matthew O'Connor	16	M-T2R	63.4	67.5	0.7908	57.5	62.5	67.5		52.5	-57.5	-62.5		75	85	92.5		212.5	168.05	169.89	3.00	1-M-T2R	7.00	Dieppe	SO	
Courtney Doucette	23	F-JrR	66.5	67.5	0.9102	65	70	75		42.5	45	47.5		102.5	112.5	117.5		240.0	218.45	218.45	3.00	1-F-JrR	7.00	NFXT	PL	
Alex Richard	21	M-JrR	84.5	90	0.6350	102.5	107.5	-110		57.5	65	67.5		110	120	122.5		297.5	188.90	192.68	3.00	5-M-JrR	1.00	Dieppe	SO	
Nancy Bouchard	26	F-OpR	62.9	67.5	0.9511	95	105	-112.5		60	72.5	-80		132.5	142.5	150		327.5	311.49	311.49	3.00	1-F-OpR	7.00	Fred	PL	
Hugo Gougeon	21	M-JrEq	73.5	75	0.6990	195	-215	-215		165	-185	-185		152.5	-180	-180		512.5	358.24	365.40	3.00	1-M-JrEq	7.00	Cornwall	PL	
Lucas Chapman	18	M-T3Eq	75.8	82.5	0.6832	110	150	157.5		100	107.5	115		182.5	197.5	-202.5		470.0	321.10	340.37	3.00	1-M-T3Eq	7.00	APC	PL	
Emilio Ventresca	15	M-T1R	75.4	82.5	0.6858					-85	102.5	115	-120									3.00			HRM	BP
Ian Cormier	27	M-OpR	90.7	100	0.6093	160	170	182.5		97.5	105	-110		182.5	195	-200		482.5	293.99	293.99	3.00	5-M-OpR	1.00	APC	PL	
Troy Kilbride	24	M-OpR	89.5	90	0.6138	142.5	157.5	162.5		130	140	-142.5		185	205	-222.5		507.5	311.48	311.48	3.00	3-M-OpR	3.00	NFXT	PL	
Chance Draper	20	M-JrR	94.4	100	0.5968	152.5	167.5	187.5		110	125	-132.5		192.5	212.5	-227.5		525.0	313.29	322.69	3.00	4-M-JrR	2.00	Truro	PL	
Ahmed Saad	19	M-T3R	98.8	100	0.5843	185	195	207.5		135	145	152.5		215	235	250	257.5	610.0	356.42	370.68	3.00	2-M-T3R	5.00	HRM	PL	
Brett Young	19	M-T3R	91.4	100	0.6068	155	172.5	182.5		150	155	160		230	240	250	-255	592.5	359.53	373.91	3.00	1-M-T3R	7.00	HRM	PL	
Henning Metz	26	M-OpE	88	90	0.6197	280	300	-310		152.5	-170	-170		235	-262.5	-262.5		687.5	426.04	426.04	3.00	1-M-OpEq	7.00	NFXT	PL	
Chris Sharpe	23	M-JrR	88.4	90	0.6181	212.5	-225	225		145	157.5	165		255	-275	-275		645.0	398.67	398.67	3.00	2-M-JrR	5.00	HRM	PL	
Devan Stewart	23	M-JrEq	99.9	100	0.5828	232.5	245	-260		112.5	140	-150		-265	-285	-285						3.00			Truro	PL
David Snow	23	M-JrR	89.2	90	0.6149	202.5	215	227.5	237.5	137.5	142.5	150		265	282.5	-292.5		660.0	405.83	405.83	3.00	1-M-JrR	7.00	NFXT	PL	
Greg Doucette	37	M-OpR	89.7	90	0.6130	220	240	250	250	205	220	227.5		287.5	302.5	-315		780.0	478.14	478.14	3.00	1-M-OpR	7.00	HRM	PL	
Cindy Costin-Fury	29	F-OpR	85.7	90	0.7887					55	60	62.5	-65									3.00			Amherst	BP
Dylan Ventresca	19	M-T3R	88	90	0.6197					125	137.5	145	-152.5									3.00			HRM	BP
David Snow (Bench only)	23	M-JrR	89.2	90	0.6149					137.5	142.5	150										3.00			NFXT	BP
Joanick Boillard	29	M-OpE	89.5	90	0.6138					250	-262.5	-262.5										3.00			Mt BB	BP

MEET DIRECTORS: Nathan Robertson, Trayci Metzger

BEST MALE EQUIPPED BENCH ONLY: Scott MacDiarmid

REFEREES: Nathan Robertson, Stan Wilband, Greg Van Olm

BEST MALE RAW BENCH ONLY: Paul Fury

BEST MALE EQUIPPED LIFTER: Ross Saldan

BEST FEMALE RAW BENCH ONLY: Cindy Costin-Fury

2nd BEST MALE EQUIPPED LIFTER: Henning Metz

BEST TEEN LIFTER: Brett Young

BEST MALE RAW LIFTER: Greg Doucette

BIGGEST SQUAT: Ross Saldan

2nd BEST MALE RAW LIFTER: Jean-Philippe LeBlanc

BIGGEST BENCH PRESS: Scott MacDiarmid

BEST FEMALE RAW LIFTER: Nancy Bouchard

BIGGEST DEADLIFT: Greg Doucette

RANDOM PRIZE PACK WINNER: Cindy Costin-Fury