

23-Jul-16

## 2016 Forge Powerlifting Classic-Kg Results Full Power

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Best Squat	Best Bench	Sub Total	Best Deadlift	PL Total	Coeff Score	Pl-Div-WtCl
Courtney Hayes	21	F-RA-JR	58.2	60	115	57.5	172.5	142.5	315	318.78	1-F-RA-JR
Amy Le	22	F-RA-Jr	59.1	60	102.5	42.5	145	107.5	252.5	252.42425	2-F-RA-Jr
Monica Pham	25	F-RA-O	60	60	90	47.5	137.5	115	252.5	249.369	1-F-RA-O
Kim Do	34	F-RA-O	50.9	52	95	40	135	115	250	281.6	1-F-RA-O
Myrtle Jurado	26	F-RA-O	73.5	75	120	67.5	187.5	137.5	325	275.45375	1-F-RA-O
Hayley Dahley	24	F-RA-O	82.6	90	142.5	80	222.5	185	407.5	320.27462	1-F-RA-O
Courtney Ustryzcki	28	F-R-O	54.4	56	92.5	52.5	145	125	270	288.468	1-F-R-O
Stephanie Chanphirak	27	F-R-O	58.3	60	90	45	135	130	265	267.8355	2-F-R-O
Jennifer Hudson	31	F-R-O	55.1	56	92.5	45	137.5	105	242.5	256.44375	3-F-R-O
Lorraine Yeung	21	F-R-Jr	58.8	60	125	50	175	155	330	331.221	1-F-R-Jr
Lisa Wood	20	F-R-Jr	51.7	52	97.5	70	167.5	120	287.5	319.8725	2-F-R-Jr
Nicole Huynh	23	F-R-Jr	55.1	56	95	55	150	145	295	311.9625	3-F-R-Jr
Samantha Falkiner	22	F-R-Jr	59.5	60	112.5	57.5	170	115	285	283.36125	4-F-R-Jr
Bryce Palmateer	19	F-R-Jr	55.8	56	80	47.5	127.5	92.5	220	230.318	5-F-R-Jr
Andrew Simon	16	M-RA-T2	81.3	82.5	0	0	0	0	0	0	0
Carl Arroyo	19	M-RA-T3	72.8	75	160	97.5	257.5	227.5	485	341.51275	1-M-RA-T3
Matthew Casuga	18	M-RA-T3	114.5	125	185	127.5	312.5	202.5	515	286.72625	2-M-RA-T3
Mujeeb Salim	27	M-RA-O	67.5	67.5	187.5	127.5	315	220	535	400.394	1-M-RA-O
Nicolas Miras	25	M-RA-O	127	140	145	122.5	267.5	232.5	500	271.675	1-M-RA-O
Brad Bass	36	M-RA-O	78.7	82.5	132.5	70	202.5	155	357.5	237.809	1-M-RA-O
Shahzad Ali Hussain	24	M-RA-O	75.6	82.5	177.5	125	302.5	227.5	530	362.7585	1-M-RA-O
Christopher Reali	27	M-RA-O	81.3	82.5	192.5	130	322.5	237.5	560	364.448	1-M-RA-O
Peter Lee	29	M-RA-O	90	90	195	140	335	235	570	348.7545	1-M-RA-O
Eric Dip	25	M-RA-O	82	82.5	225	145	370	260	630	407.7045	1-M-RA-O
Kirk Boquila	25	M-RA-O	73.2	75	142.5	107.5	250	170	420	294.483	1-M-RA-O
John Fortich	26	M-RA-O	69	75	132.5	90	222.5	165	387.5	284.75437	1-M-RA-O
Shannon Li	24	M-RA-O	74.6	75	140	95	235	185	420	290.325	1-M-RA-O
Hieu Pham	25	M-RA-O	72.9	75	165	102.5	267.5	175	442.5	312.95812	1-M-RA-O
Maurice Rosales	25	M-RA-O	73.9	75	160	97.5	257.5	195	452.5	316.68212	1-M-RA-O
Carl Torres	24	M-RA-O	73.5	75	175	110	285	215	500	349.5	1-M-RA-O
Mark Ramos	27	M-RA-O	74.5	75	127.5	112.5	240	190	430	297.5385	1-M-RA-O

Cordelle Wells Collins	22	M-RA-JR	89.9	90	240	147.5	387.5	260	647.5	397.72687	1-M-RA-JR
Jay Park	21	M-RA-JR	87.4	90	220	132.5	352.5	245	597.5	371.73462	2-M-RA-JR
Rohit Bardwhag	21	M-RA-JR	80.2	82.5	185	120	305	222.5	527.5	346.40925	3-M-RA-JR
Jimmy Tran	22	M-RA-JR	65.5	67.5	152.5	105	257.5	182.5	440	337.942	4-M-RA-JR
Brett Cooper	21	M-RA-JR	67.1	67.5	145	92.5	237.5	182.5	420	315.924	5-M-RA-JR
Nelson Ribeiro	21	M-RA-Jr	98.2	100	175	125	300	217.5	517.5	303.17737	6-M-RA-Jr
Kurt Davidas	23	M-RA-JR	66	67.5	167.5	90	257.5	217.5	475	362.425	7-M-RA-JR
Michael Aboliso	23	M-RA-JR	79.9	82.5	170	102.5	272.5	205	477.5	315.77075	7-M-RA-JR
Justin Umali	23	M-RA-JR	79.4	82.5	165	92.5	257.5	205	462.5	305.805	7-M-RA-JR
Andrew Tiong	23	M-RA-JR	75.6	82.5	180	95	275	250	525	359.33625	7-M-RA-JR
Kevin Wong	23	M-RA-JR	68.4	75	190	120	310	215	525	388.605	7-M-RA-JR
Isiah Hoyte	19	M-R-T3	106.9	110	235	155	390	272.5	662.5	376.33312	1-M-R-T3
Ethan Lajeunesse	19	M-R-T3	74.5	75	167.5	126	293.5	210	503.5	348.39682	2-M-R-T3
Noah Crossland	17	M-R-T2	56.8	60	105	87.5	192.5	132.5	325	285.87	1-M-R-T2
Chris Leblanc M	40	M-R-M1	82.5	82.5	160	110	270	210	480	309.408	1-M-R-M1
Vincent Gomez	34	M-R-SM	63.9	67.5	125	105	230	157.5	387.5	306.5125	1-M-R-SM
Patrick Dolan	36	M-R-SM	72.7	75	137.5	77.5	215	165	380	267.843	2-M-R-SM
Joseph Lamonica M	50	M-E-M3	85.2	90	152.5	112.5	265	185	450	284.265	1-M-E-M3
Sam Youk	29	M-R-O	72.6	75	207.5	145	352.5	255	607.5	428.68237	1-M-R-O
Richard Kwan	24	M-R-O	81.1	82.5	220	120	340	295	635	413.92475	2-M-R-O
Jang Tsai	25	M-R-O	78	82.5	207.5	135	342.5	230	572.5	383.20287	3-M-R-O
Phi Thach	29	M-R-O	58.7	60	145	107.5	252.5	185	437.5	372.29062	4-M-R-O
Alex St. Pierre	29	M-R-O	108	110	212.5	132.5	345	212.5	557.5	315.26625	5-M-R-O
Trevor Hall	29	M-R-O	78.7	82.5	160	115	275	192.5	467.5	310.981	6-M-R-O
Chris Leblanc	40	M-R-O	82.5	82.5	160	110	270	210	480	309.408	7-M-R-O
Nathan Petit	32	M-R-O	118.3	125	180	140	320	237.5	557.5	308.13025	8-M-R-O
Fernando Thilina	30	M-R-O	76.3	82.5	105	107.5	212.5	190	402.5	273.67987	9-M-R-O
Philip Lysons	56	M-R-M4	71.9	75	122.5	72.5	195	125	320	228.8	1-M-R-M4
Joseph Lamonica	50	M-E-O	85.2	90	152.5	112.5	265	185	450	284.265	1-M-E-O
Michel Parente	22	M-R-Jr	67.1	67.5	180	127.5	307.5	245	552.5	415.5905	1-M-R-Jr
Michael Dinh	23	M-R-Jr	58.2	60	152.5	120	272.5	202.5	475	407.645	2-M-R-Jr
Jacob Durand	21	M-R-Jr	89.5	90	237.5	137.5	375	255	630	386.6625	3-M-R-Jr
Jimmy Huynh	23	M-R-Jr	66.7	67.5	170	115	285	215	500	378.05	4-M-R-Jr
Zachary Parker	23	M-R-Jr	109	110	200	155	355	282.5	637.5	359.51812	5-M-R-Jr

Mark Chong	23	M-R-Jr	81.5	82.5	170	130	300	225	525	341.11875	6-M-R-Jr
Kevin Thuan	21	M-R-Jr	81.5	82.5	142.5	107.5	250	235	485	315.12875	7-M-R-Jr
Barnabus Chun	21	M-R-Jr	65.3	67.5	130	77.5	207.5	152.5	360	277.254	8-M-R-Jr

# 23-Jul-16 2016 Forge Powerlifting Classic-Kg Results Squat Only

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Best Squat	Coeff Score	Pl-Div-WtCl	Tm Pts
Melissa Chue	28	F-R-O	63.4	67.5	105	99.23025	1-F-R-O	7

## 23-Jul-16 2016 Forge Powerlifting Classic-Kg Results Bench Only

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Best Bench	Coeff Score	Pl-Div-WtCl	Tm Pts
Tenishia Samuel	29	F-E-O	70.5	75	90	78.4935	1-F-E-O	7
Derek Randall	32	M-R-O	114.4	125	205	114.1645	1-M-R-O	7
Eric Quindipan	25	M-E-O	121.1	125	185	101.713	1-M-E-O	7

## 23-Jul-16 2016 Forge Powerlifting Classic-Kg Results Push Pull

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Best Bench	Best Deadlift	Push Pull Total	Coeff Score	PI-Div-WtCl
Chantal Sinclair	24	F-R-O	71	75	47.5	142.5	190	164.8915	1-F-R-O
Angelika Christou	22	F-R-Jr	95.8	100	45	105	150	109.185	1-F-R-Jr
Daniel Galati	24	M-RA-O	80.3	82.5	102.5	182.5	285	187.00275	1-M-RA-O
Joey Michaud	18	M-R-T2	83.8	90	117.5	255	372.5	237.7295	1-M-R-T2
Joseph Lamonica I	50	M-E-M3	85.2	90	112.5	185	297.5	187.93075	1-M-E-M3
Oscar Blair	39	M-R-O	117.1	125	182.5	262.5	445	246.50775	1-M-R-O

## 23-Jul-16 2016 Forge Powerlifting Classic-Kg Results Deadlift Only

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Best Deadlift	Coeff Score	Pl-Div-WtCl	Tm Pts	Team
Melissa Chue	28	F-R-O	63.4	67.5	117.5	111.04337	1-F-R-O	7	